

शैक्षिक अनुभाग / ACADEMIC SECTION
NATIONAL INSTITUTE OF TECHNOLOGY SILCHAR

Acad-112/18

NOTICE

DATE: 12-08-2026

The time table for the YOGA course for the 1st semester PhD and PG programme 2026 is given below:

Programme	Department	Days	VENUE	TIME
PG (MSc)	PG (Physics + chemistry + Mathematics)	Monday	Sports Complex	6:00 pm to 8:00 pm
PG (MBA)	PG (MBA)	Wednesday	Sports Complex	6:00 pm to 8:00 pm
PhD	(All department)	Friday	Sports Complex	6:00 pm to 8:00 pm

Concerned students 2026 (entry batch) are asked to attend the session regularly.

The YOGA course shall commence from **19.08.2026** onwards. As it is a course, minimum attendance of 75% is required.


Dean (Academic)

Copy forwarded for kind information/necessary action to:

- 1) PA to Director, for kind information of the Director
- 2) All Deans & HODs
- 3) Dr. Vipin pal, Yoga (incharge)
- 4) Mr. M. Suraj Singh, SAS Officer for compliance
- 5) Sr. Technical Officer for uploading in the Institute Website
- 6) All Notice Board